therapy rooms

Quiet, discreet therapy rooms

Suitable for personal and online work

High spec facilities

Waiting room for clients

Optimised high-profile website

Client Referral System

Community

Professional community

Communal Areas for practitioners

Networking Events

Peer Supervision Groups

Low-Cost Business Mentoring

HQ Covid Protocols

Face masks in communal areas

All seating is 2-3 metres apart

Ventilation in all rooms - fans and windows

Disinfectant spray, furniture coverings, and hand sanitiser in all rooms

Hand sanitiser stations in waiting rooms

Professional cleaning 3 times weekly

QR Code for track and trace

HQ Booking Options

2 Hour Block

2 hr blocks

- Month-to-month contract
- Can add additional hours one at a time
- 2 hr per week on a regular basis
- Profile on website
- Client referrals

5 Hour Block

5 hour blocks with three time slots: 7am - 12pm, 12pm - 5pm and 5pm onwards.

- Month-to-month contract
- Can add additional hours one at a time
- Can block share
- More block bookings attract a cheaper booking rate per hour
- Fixed-rate in the evenings
- Profile on website
- Client referrals

Ad hoc Bookings

- £17.25
- Available to book across both practices
- Book autonomously through our online booking system

HQ Room Rates

Based on a 50-week year

2 Hour Blocks

£15 per hour £125.00

5 Hr Block

	Hourly rate	Full Rate
7 am -12 pm	£12.00 per hour	£250.00 pm
12 pm - 5 pm	£12.00 per hour	£250.00 pm
5 pm - 10 pm	£13.00 per hour	£270.00 pm

+3 5 Hr Blocks (with 3rd block at discounted rate)

7 am -12 pm	£11.00 per hour	£229.17 pm
12 pm - 5 pm	£11.00 per hour	£229.17 pm
5 pm - 10 pm	£12.00 per hour	£250.00 pm

4+ 5 Hr Blocks (with 4th block at discounted rate)

7 m -12 pm	£10.00 per hour	£208.33 pm
12 pm - 5 pm	£10.00 per hour	£208.33 pm
5 pm - 10 pm	£12.00 per hour	£250.00 pm

Weekend Rates

Friday 5pm - Sunday 10pm